

Sol-fa

Musical Games

SAMPLE



Sol-fa: Musical Games GRADE(S): 1



About the Course

Students play musical games to notice rhythm and melody.
 This topic is included in the following course(s): Music: Intro



Placement & Combining Tips

Suitable for Grades 1-3 if combining



Scheduling

GRADE	SCHEDULE INFO.	BOOKS
1	Sol-fa: Musical Games 1 time/week 10 min	Musical Games Playlist

Sample Weekly View

Day 1	Day 2	Day 3	Day 4	Day 5
Music: Intro				
Sol-fa: Musical Games	Hymns & Spirituals Afternoon Listening		Folk Songs	Music Appreciation



Planning & Prep

Permission to print for non-commercial use. See Alveary group use policy to use lessons in a group context.

LINKS: Click text or scan the QR code in the top corner of the lesson plan pages to view online resources associated with the lessons.

Responsibility for previewing all links rests with the teacher. All links were checked at the time of publication; however, websites change frequently and may contain objectionable content. Please report broken links by contacting us through our website.

Sol-fa: Musical Games

Bookmark the Musical Games Playlist (in Quick Links), which includes many selections from the term.



Books & Resources

For book rationales and purchase options, click the Book List link or scan the QR code below.

[View Book List Details](#)

Sol-fa: Musical Games



Our Work: Grades 1-2



Hymns, Spirituals, & Folk Songs PDF



Musical Games Playlist



Supplies

For supply list details and basic supplies helpful to have on hand, click the links or scan the QR code below.

∞ [View Basic Supplies](#)

(No Subject Supplies Assigned)



Quick Links

Sol-fa: Musical Games

∞ [Extra Helpings](#)

∞ [Musical Games Playlist](#)

∞ [Appendix: Waltz Steps](#)

∞ [Sol-fa: Musical Games Spotify Playlist](#)

Click THIS text
or scan the QR
code for links.



SAMPLE

Sol-fa: Musical Games

How To Teach



Recap

- Connect each lesson to the previous one for that topic.
- For music appreciation study, a recap might look like a brief discussion about the name or sound of the piece or instrument you listened to previously.
- For hymns and folk songs, this might be an effort to hum the melody or recite the words of the song you're currently learning.



Introduce

Prepare to listen to the day's musical selection or activity by inviting students to consider an interesting musical or historical idea in the lesson, perhaps a unique word, rhythm, instrument, or piece of historical background (usually included in lesson plans).



Listen & Practice

- Listen to the day's musical selection or practice the activity.
- Music Appreciation lessons will usually have you listen to a piece of music for 3-8 minutes. If students have a difficult time listening for the duration of the lesson, stop the music at their limit.
- Movement is always a great way to encourage students to engage with the music. Sometimes the lessons will provide a suggestion, but students may make up their own using their whole bodies or creating finger plays. They may also draw, color, or act out a dance with stuffed animals, dolls, or other figures.
- Hymn, folk song, or musical games will sometimes have you listen to a part of the song and then practice echoing back the melody and/or words.



Discuss

Let students share any thoughts or connections they have about the lesson.

Sol-fa: Musical Games

[Click THIS text or scan the QR code for links.](#)



Term 1

WEEK 1 ☐ 10m Sol-fa: Musical Games - Lesson 1

Moving and Music

→ LISTEN & PRACTICE

“Here We Go Round the Mulberry Bush.” Follow the movement directions, ensuring that larger groups or students with spatial perception differences have enough room.

∞ Video Link: [Here We Go Round the Mulberry Bush](#)

∞ Audio Link: [Here We Go Round the Mulberry Bush \(Spotify\)](#)

→ SING

Now try singing the song and make up some new actions (possibilities: “this is the way we clap our hands,” “sweep the floor,” or “dance around”).

• AFTERNOON LISTENING

Along with the lesson's songs, read stories and/or listen to songs about Winnie the Pooh.

∞ **Music Links:** Afternoons: Pooh Songs (YouTube or Spotify)

WEEK 2 ☐ 10m Sol-fa: Musical Games - Lesson 2

Join-in Rhymes

PREP: Print out and read over instructions.

∞ Link: “The Owl” and “Here We Go”

→ LISTEN & PRACTICE

Read “The Owl” and “Here We Go” aloud and tell the students what they are going to say with you (the italicized parts). You may want to read the poem aloud first and then have the students join in the second time. Tell the students to copy you closely. Exaggerate louds, softs, ascending, descending tones of your voice.

• AFTERNOON LISTENING

Along with the lesson's songs, read stories and/or listen to songs about Winnie the Pooh.

∞ **Music Link:** Afternoons: Pooh Songs

Pooh Songs can also be found in the Spotify Playlist in Quick Links.

WEEK 3 ☐ 10m Sol-fa: Musical Games - Lesson 3

Acting

→ LISTEN & PRACTICE

Today's songs need your help. In the first one, you need to pretend to be a teapot, and for the second one, you're going to make a lot of animal noises.

∞ Music Links: [I'm a Little Teapot \(YouTube or Spotify\)](#)

∞ Music Links: [Old MacDonald Had a Farm \(YouTube or Spotify\)](#)

→ SING

With any extra lesson time, make up some new verses about other animals to “Old MacDonald Had a Farm.”

• AFTERNOON LISTENING

Along with the lesson's songs, read stories and/or listen to songs about Winnie the Pooh.

∞ **Audio Link:** Afternoons: Pooh Songs

Pooh Songs can also be found in the Spotify Playlist in Quick Links.